

### "Meet Your Future You" - Women in Science

for international early career researchers

Live Event via Microsoft Teams 23rd October 2024, 4pm CEST





Please respond to the first two questions, while waiting.





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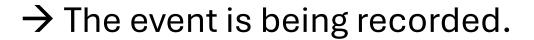






#### Kindly use:

- 1. Raising Your Hand (ONLY at the end during our Q&A session)
- 2. Q&A Box (anytime, for upcoming questions)
- 3. Chat Box (ONLY technical problems)
- 4. Reactions (anytime)

















- Dr. Claudia Seldin (10min presentation)
- Dr. Natacha Mahutin Aivodji (5min interview)
- Aylin del Moral Morales (5min interview)

- Q&A session (30min)
- Short survey









# Dr. Claudia Seldin

Brazil - Urban Studies, Urban Planning, Urban History

Center for Metropolitan Studies - Technische Universität Berlin Urban Management Program - Technische Universität Berlin Apoena Network of Brazilian Scientists in Germany (Rede Apoena)









## My Background and Funding

- Bachelor's in Architecture and Urbanism Federal University of Rio de Janeiro (UFRJ)
- → Scholarships: Brazilian Ministry of Technology (CNPq)
- Master's in Urbanism UFRJ with research stay at the Bauhaus-Universität Weimar
- → Scholarships: Brazilian Ministry of Technology (CNPq), Deutscher Akademischer Austauschdienst (DAAD)
- PhD in Urbanism UFRJ with research stays at the Bauhaus-Universität Weimar
- → Fellowships: Brazilian Ministry of Technology (CNPq), Brazilian Ministry of Education (CAPES/PDSE)
- 1st Postdoc in Urban Planning UFRJ
- → Fellowship: Rio de Janeiro Research Foundation (FAPERJ)
- 2<sup>nd</sup> Postdoc in Urban History CMS/Technische Universität Berlin
- → Fellowship: Brazilian Ministry of Education (CAPES), Alexander von Humboldt Stiftung (AvH), IRS Leibniz Erkner
- Current: Wissenschaftliche Mitarbeiterin CMS/Technische Universität Berlin
- → Small fundings: Technische Universität Berlin







• Green = Brazil

All funding comes from the government

Pro: strong history of state support for research in all levels

Con: low pay and weak infrastructure

• Red = Germany

Funding comes mostly from private institutions or "third-party funding"

Pro: better pay, better infrastructure and more diversity of funders

Con: too temporary, more internationally competitive, privileges the so-called "hard sciences"



### **Benefits - Germany**

- (More) respect and equality for women in science (if compared to other countries) e.g., fixed salaries
- Quality of life: for a single woman or a family, including welfare benefits (e.g., Kindergeld, public schools)
- Good work vs. personal life balance
- Possibilities of research in both academia and the industry (field-dependent)
- Possibilities of conducting research and working in English (while you learn German)
- Most German institutions are well-perceived and well-known internationally
- Good possibilities of cooperation with partners from other EU countries due to regional funding schemes
- Wonderful funding landscape for early-career researchers and temporary research stays:
  - Use Research in Germany to find the best information for your level: <a href="https://www.research-in-germany.org/en.html">https://www.research-in-germany.org/en.html</a>
- Great lab/university infrastructure (if compared to other countries)







### **Challenges - Germany**

- Cultural adaptation (personal and at the workplace)
- Language... yes, German is hard!
- Lack of a family/service support network for women with duty of care = double work with less help
- Excessive institutional bureaucracy
- Visa issues, dealing with immigration  $\rightarrow$  your passport matters and so does your family status
- Fixed-term contracts after the PhD + lack of permanent positions in academia after the PhD, but a current focus on hiring female staff and minorities -> incentive for equal opportunities
- Gaining professional visibility in a new country, especially as a woman







# **Developing Your Career in Germany**

Lessons learned: from a personal perspective

- Be open minded about the cultural differences: nothing is right or wrong
- Invest in learning the language: mastering German takes time, but it opens (a lot of) doors
- Build your support network: there are many expats in Germany (probably from your world region) → help with duty of care, provide advice... don't isolate yourself → many groups centered on foreign women on Facebook, Instagram
- But... do not limit your network to expats and people from your own country: find activities that put you in touch with the locals. Integration in Germany is not easy, but it is essential for success
- Be patient with the bureaucracy and the formality... there is nothing you can do about it!







# **Developing Your Career in Germany**

#### Lessons learned: from a professional perspective

- Mix and match from early on: a diversity of funding bodies and institutions is important for your CV
- Do not be a tourist at your institution: networking for future opportunities, contact the International Office of your institution
- Visit other institutions in other states (e.g., through conferences): it could be hard to build a career in the city where you are now
- Learn about the academic/higher education system in Germany: it is very specific
  - Important: talk to your PhD/postdoc colleagues about the challenges they face at your department, learn about the law WissZeitVG (law on fixed term contracts): <a href="https://www.postdocnet.mpg.de/joint-statement-wisszeitvg-2024">https://www.postdocnet.mpg.de/joint-statement-wisszeitvg-2024</a>
- Create a publishing strategy from early on: build collaborations for publishing with recognized names, look for highly-ranked <u>Scimago</u> journals in your field: <a href="https://www.scimagojr.com/journalrank.php">https://www.scimagojr.com/journalrank.php</a>



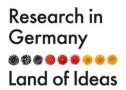




# **Developing Your Career in Germany**

- Be proactive (i.e., offer to teach, participate in organizing events, take further education courses...): proving your competence and enthusiasm is the best way to get noticed EARN your place
- Work on your research visibility through specific portals and social media, but BE CAREFUL to not mix professional and personal life – these boundaries are strong here
  - Orcid, LinkedIn, Web of Science, Scopus, Research Gate, X/Threads...
- Look for your scientific diaspora: opportunities for international cooperation, visibility and strengthening professional ties. If it doesn't exist formally, create it:
  - > Rede Apoena (Apoena Network of Brazilian Scientists and Researchers in Germany): @rede.apoena on IG
- Take advantage of mentoring opportunities, many target women (e.g., AvH Females Forward, BUA's ProFiL)
- Establish career goals and actively pursue them!







#### Vielen Dank!

#### Claudia Seldin

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#### Apoena Network of Brazilian Scientists and Researchers in Germany (Rede Apoena)

Website: www.redeapoena.org

**LinkedIn:** <a href="https://www.linkedin.com/company/rede-apoena/">https://www.linkedin.com/company/rede-apoena/</a>

Instagram: @rede.apoena









# Dr. Natacha Mahutin Aivodji

Cellular Physiology and Pharmacology University of Abomey-Calavi, Benin









# Aylin del Moral Morales

Biochemical Sciences at the National Autonomous University of Mexico (UNAM)









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# **Q&A** session

Your turn! ©









# Thank your for your attention!

Stay with us for our online survey.



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# Thank your for your attention!

See you at our next event, bye! ©

















